



PERSONAL EMPOWERMENT: TAKING INITIATIVE

COURSE OVERVIEW

Opening and Tower Power: A simulation helps participants see how different types of leadership and their own approach to work affect job performance and satisfaction.

What's Holding Us Back?: A video and activity help learners identify barriers to taking initiative, including the pitfalls of a "powerless victim" mentality. They identify their approaches to personal empowerment on three empowerment continuums.

Personal Empowerment Actions: Participants compare two different approaches to a work challenge, learning that taking responsibility for success brings results and greater job satisfaction. They complete an activity on the six personal empowerment actions and take a self-assessment to identify actions used successfully and ones they could use more often.

Application: Learners practice applying empowerment actions in a video activity, complete and actions plan to improve their effectiveness, and watch a testimonial video.